

The National Institute for Health and Care Research (NIHR) Manchester Biomedical Research Centre (BRC) and NIHR Manchester Clinical Research Facility (CRF): Inclusive Research examples



Case Title	NIHR Short Placement Award for Research Collaboration (SPARC) with the Inclusive Research Team (July 2023 -Feb 2024)
BRC Cluster(s)	-
BRC Theme(s)	-
Inclusive Research Element	All aspects of Inclusive Research
Rationale for case study	-
Background	Donna Shrestha is a PhD researcher at Lancaster University and senior general surgical trainee in the North West. She is funded by NIHR Northwest Coast Applied Research Collaborative (NWC ARC), and her research is in health inequalities in the surgical patient journey. She was awarded the SPARC, which aims to provide NIHR Academy members experience in different sections of the NIHR infrastructure.
What we did	Placement working closely with the Inclusive Research Team providing the opportunity to understand the theory and practical aspects of Inclusive Research.
What the outcome(s) is/are	<ul style="list-style-type: none"> - Hot and cold spot analysis using Quality Outcomes Framework (QOF) data in Lancashire and South Cumbria, mirroring the work of the Inclusive Research Team, mapping the inequalities in prevalence of QOF reported conditions. - Opportunity to develop as a researcher through working with experienced researchers and incorporate learning to shape methodology within own PhD. - Contributed to the Inclusive Research Oversight Board Indicator Report, which provided a framework for capturing sociodemographic indicators inclusively. - Opportunity to facilitate the Inclusive Research strategy jamboree and understand the Inclusive Research needs and existing capabilities of stakeholders. Valuable exposure to the process of strategy building, which is a highly translatable skill for clinical and organisational leadership roles. - An understanding of the Manchester BRC/CRF infrastructure and Inclusive Research, patient and public involvement and engagement (PPIE) and equality diversity and inclusion (EDI) strategies.
Conclusions	The SPARC placement has contributed to strengthening and embedding links with early-career clinical researchers and supported the integration of Inclusive Research principles across disciplines and within the region.
Recommendations	Look for future opportunities with similar placements.
Future work	-

